

**Adiuvaret Research & Education Foundation**  
in collaboration with  
**AASHAYEIN**  
launches a training program on:

**“Managing Children With  
‘Autism Spectrum Disorder’ (ASD) ,  
‘Attention Deficit Hyperactive Disorder’ (ADHD)  
& ‘Learning Disability’ (LD) in Preschool.”**



**A 15 Days Exclusive Program For:**  
Preschool Teachers, Preschool Principals, Preschool Administrators & Parents.

## Who Can Join the Training:

- Pre School Teachers.
- Pre School Principals.
- Pre School Administrators.
- Shadow Teachers.

## Mode of training:

- Online (Zoom)

## Duration Time:

- 15 days (45 Hours)

## Pedagogy:

- PowerPoint Based presentation.
- Practical.
- Activity Based Learning.
- Check List Based Assessment Project.

## RESOURCE PERSONS

**Shilpa Pagar**

B.Ed & Special Educator



**Puja Gada.**

Masters in Clinical Psychology  
& Special Educator.



**Puja Tuteja.**

BA in Psychology & Special Educator.



**Course Fee:**

**Rs.3000/-**

**Course Starts:**

**7th May 2025**



# Plan for 15 day's schedule for Preschool .



## Day 1:

Understanding Learning Disabilities.

### Objective:-

Understand what learning disabilities are.  
Identify early signs in preschool-aged children

### Topics Covered:

#### Definition of Learning Disabilities.

#### Common Types:

Dyslexia  
Dyscalculia  
Dysgraphia  
Dyspraxia  
Auditory/Visual Processing Disorders  
Developmental Milestones vs Red Flags



## Day 2:

Inclusive Teaching Strategies.

### Objective:-

Apply teaching strategies suitable for children with LD.  
Design inclusive, engaging classrooms.

### Topics Covered:

Differentiated instruction in preschool.  
Multi-sensory teaching methods.  
Visual schedules, structured routines, and learning centers.

## Day 3:

Communication & Behavior Management.

### Objective:-

Communicate effectively with children who have LD. Address challenging behavior constructively.

### Topics Covered:

Verbal and Non-verbal Communication Tips.  
Positive behavior support strategies.  
Observation and behavior tracking tools.



## Day 4:

### Collaboration with Parents & Specialists

#### Objective:-

Build partnerships with families.  
Understand the referral process and specialist roles.

#### Topics Covered:

Conducting effective parent-teacher meetings.  
Roles of special educators, therapists, and psychologists.  
Basics of IEPs (Individualized Education Plans) and documentation.

## Day 5:

### Assessment, Reflection & Action Planning.

#### Objective:-

Use tools to assess and monitor children's development.  
Reflect and create a plan for your classroom.

#### Topics Covered:

Observation checklists and anecdotal records.  
Preparing a classroom action plan.  
Personal reflection and feedback.



## Day 6:

Understanding Autism Spectrum Disorder.



### Objective:-

Build foundational knowledge about ASD.

Introduction to ASD

What is ASD?

Myths vs. Facts

Prevalence and early signs

Characteristics of Children with ASD

Communication

Social interaction

Behavioral patterns

## Day 7:

Identifying and Supporting Early Signs

### Objective:-

Recognize early indicators and respond appropriately.

### Topics Covered:

Developmental Milestones vs Red Flags

Screening Tools & When to Refer

Building Observation Skills.



## Day 8:

Communication Strategies

### Objective:-

Equip teachers with communication techniques tailored for ASD children.

### Topics Covered:

Understanding Communication Differences  
Visual Supports, PECS, and AAC  
Encouraging Social Interaction

## Day 9:

Classroom Strategies and Inclusive Practices.

### Objective:-

Learn how to create an inclusive preschool environment.

- Structuring the Classroom for Success
- Positive Behavior Support
- Sensory Integration Techniques



## Day 10:

### Working with Families & Professionals

#### Objective:-

Foster collaboration with parents and specialists.

- Building Partnerships with Families.
- Collaborating with Therapists and Special Educators.
- Case Study Presentations.

## Day 11:

### Introduction to ADHD.

#### Objective:-

Build foundational knowledge and debunk myths.

#### What is ADHD?

Definition, types (inattentive hyperactive-impulsive, combined)

Common myths and facts.

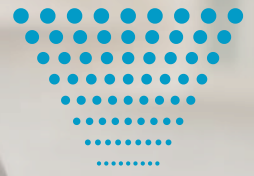
Recognizing Early Signs in Preschoolers

Attention difficulties

Impulsivity and overactivity.



## Day 12:



Understanding Behavior and Development.

### Objective:-

Understand how ADHD affects early learning and social development.

How ADHD Manifests in Preschool  
Common behaviors in classroom settings  
Triggers and stressors  
Observation and Documentation Techniques

## Day 13:

Classroom Strategies & Behavior Management.

### Objective:-

Provide tools to manage and support behavior in the classroom.

Positive Behavior Support (PBS)  
Creating ADHD-Friendly Routines  
Visual schedules, movement breaks  
clear instructions.  
Preventing and Managing Meltdowns  
Calming strategies, safe spaces

## Day 14:

Supporting Learning & Engagement

### Objective:-

Offer practical strategies to enhance learning.  
Attention-Boosting Activities.

Short, structured tasks.  
Multi-sensory learning.  
Incorporating Play and Movement.

### Topics Covered:

Create a "Focus Toolkit" with fidget tools, timers, and visual aids.



## Day 15:

Discussion Of Case studies.

Complete overview of the 14 days session.

# CASE STUDY



# Contact Information

For any questions about the training program, please reach out to:



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